



## Week 1 Study Guide

Talking through the message during the week helps you turn what God is saying to you into action steps. These talking points, questions, and scriptures are designed to help you take the next step. If you're leading a group through this guide, don't feel like you have to answer every question. Pick out those questions that will stir up conversation and action among your group.

Who is a friend that you would describe as being with you heart and soul? What does that friendship mean to you?

Read 1 Samuel 14:1-23.

In this passage, the armor-bearer helps Jonathan navigate obstacles and overcome his wavering faith.

- *How would you evaluate the quality of relationships in your life? Who are some of the people that are with you heart and soul like the armor-bearer was for Jonathan?*
- *In what ways have your friends helped you navigate obstacles and temptations?*
- *What can you do to become a stronger and more supportive influence in all of your relationships?*
- *Describe a time when your faith was wavering. How did others help you strengthen your faith?*
- *How has having the right people in your life helped you to accomplish the things that God has asked you to do?*
- *What things keep you from developing stronger relationships with others? How can you remove these barriers?*
- *What's God calling you to do that you need the help of others to accomplish?*

- *How have you benefitted from being part of a DNA Group? What does your group mean to you?*
- *What steps do you need to take to start building relationships with the right people who will be with you heart and soul?*

Here are some specific things you can do this week that will help you develop stronger relationships with the right people who will be with you heart and soul.

One of the best places to develop relationships with the right people who will be with you heart and soul is within a DNA Group. It is within a DNA Group that you will find authentic Biblical community where you eat together, study God's Word together, and just simply do life together. If you are not already in a DNA Group, then begin the process of finding one this week. If you need help finding a group, then ask a friend or a pastor to help you.

The Bible has much to say about the importance of being a part of Biblical community and having the right people in your life to support and nurture you. Take time to read the following scriptures this week, and as you read them, pray and ask God to place the right people in your life: John 17:20-22, Acts 2:42-47, 2 Corinthians 13:11, John 13:1-17, Galatians 6:2, 1 Thessalonians 5:11, Ephesians 4:32, and Galatians 5:13.

Prayer for the week.

- Ask God to put the right people in your life that will be with you heart and soul.
- Ask God what He wants you to do right now in your life and to send you the right people to help you accomplish your task.
- Share with God the obstacles and temptations you are enduring. Ask for His strength and guidance.
- Thank God for the people He has placed in your life that have consistently helped you overcome your struggles.
- Ask God to help you become a stronger and more supportive influence in all of your relationships.