

Study of Ephesians – Week 6

Pray and ask God, through the Holy Spirit, to help you understand the Bible and that its truth would be revealed to you as you study. Then, read the passages of Scripture designated for each day and answer the questions, using the referenced verses.

DAY 1. Read and review Ephesians 4: 11-16.

1.) Paul states that by attaining the whole measure of the fullness of Christ, “we will no longer be infants, tossed back and forth by the waves, and blown here and there by every cunning and craftiness of men” (Eph. 4:14). What are some examples of the “waves” in your own life that seem to toss you about?

2.) In Ephesians 4:15, it says “instead,” meaning instead of being tossed about and deceived by scheming, there is another option. What is that?

3.) Who/what is the “body”? Who is the Head of the body? How are you personally doing your part?

DAY 2. Read Ephesians 4:17-24, and answer the questions.

1.) Paul asks the Ephesians not to live in the “futility of their thinking” in Eph. 4:17. What do you think this means?

2.) What is the result of the “hardening of their hearts” described of those who are separated from God? (See Eph. 4:18-19).

3.) Why does Paul describe them as “ignorant” in Eph. 4:18? Describe a time when your heart was hardened toward God. What was the result?

DAY 3. Read Ephesians 4:20-28, and answer the questions.

1.) In verse 4:20, Paul emphatically says, “*You*, however, did not come to know Christ in that way.” Think of how you did come to know Christ and briefly describe.

2.) Paul describes an “old” and “new” self in Ephesians 4:22-24. Contrast these two. How does a person “put on” the nature?

3.) What changes take place when a person puts on the new nature?

DAY 4. Read Ephesians 4:25-32, and answer the questions.

1.) Verse 4:26 says “in your anger do not sin.” Emotions are not lost when a person believes in Jesus Christ. In your opinion, how can the anger be sin, or not be a sin?

2.) Read Ephesians 4:29. How would your daily words and conversations be different if you applied this verse?

3.) From Ephesians 4:29-32, what things would you like to ask God to help you remove from your life, and what things would you like to ask God to help you add?