

Study of Ephesians – Week 10

Directions. Pray and ask God, through the Holy Spirit, to help you understand the Bible and that its truth would be revealed to you as you study.

Summary. For 10 weeks we have studied the letter to the Ephesians, and read as Paul has been teaching about the blessings of Christ.

- In **Chapter 1**, we learned we have been chosen, adopted, forgiven and redeemed by the risen Lord Jesus Christ.
- In **Chapter 2**, we learned we have been raised from sin and death into the realm of life, and have been joined to the people of God, not by our own works, but by the gift of God’s grace.
- In **Chapter 3**, we learned that the power of the risen Jesus Christ not only dwells in heaven, but can dwell in our hearts so we can be filled with all the fullness of God.
- In **Chapters 4 and 5**, we learned how our day-to-day living should reflect our calling to follow Christ through the Holy Spirit in our lives, and we are to serve and care for each other as imitators of God.

DAY 1. Read Ephesians 6:10-17, and answer the questions.

1.) Read Ephesians 6:10-13, and review Ephesians 1:3 and Ephesians 2:1-2. How do these verses in Chapter 6:10-13 relate to the earlier theme Paul was introducing in 1:3 and 2:1-2?

2.) Ephesians 6:10 commands us to “be strong in the Lord and his mighty power.” How is that power of the Lord described in Ephesians 1:19-22? List some of the attributes of power listed in that passage.

3.) In Ephesians 6:10-17 Paul commands believers to be strengthened for battle. Human effort is not enough, but the strength and power for the fight must come from God. Review Ephesians 1:19-23 and 3:14-21, and describe where a Christian draws strength:

DAY 2. Read Ephesians 6:1-18, and answer the questions.

1.) Read Ephesians 6:10-18. Paul uses the image of armor to illustrate our equipment for spiritual warfare. Describe what each piece of armor symbolizes:

Armor Piece	Symbol	Meaning
1.		
2.		
3.		
4.		
5.		

2.) Paul directs that we are to “take a stand against the devil’s schemes” (Eph. 6:11), which demonstrates that just as an enemy will have many schemes to try to gain victory in combat, so it is with Satan against God’s people. Review these passages that demonstrate that truth:

Passage	Satan’s Weapon	Our Defense
Ephesians 6:11	<i>Crafty schemes</i>	<i>Putting on full armor of God, standing against enemy...</i>
2 Corinthians 2:5-11		
1 Timothy 3:7		
2 Corinthians 4:1; Luke 22:53		

DAY 3. Read Ephesians 6:10-18, and answer the questions.

1.) There are two offensive weapons within the armor of God. List and describe these. (See Ephesians 6:17-20).

2.) The “sword of the spirit” has life and power (Ephesians 6:17). What is it? Read Hebrews 4:12 and describe why it is an effective weapon?

3.) Paul described guidelines for “prayer” as a weapon. Read Ephesians 6:18 and describe these guidelines for this prayer:

4.) Prayer and the Word as the essential weapons. See yourself doing battle with Satan by means of these weapons in important areas of your life (Ex: self, family, church, friends, etc.). Where is your warfare effective? Where do you need progress?

DAY 4. Read Ephesians 6:17-23.

1.) From Ephesians 6:10-18, to ensure victory, a Christian is to put on the full armor of God. Where do you see yourself lacking in armor? Having a weakness in battle?

2.) Throughout the book of Ephesians, it is evident that those who enter into the blessings of Christ will enter into prayer. In Ephesians 6:19-20, Paul asks for prayer that he will share the gospel fearlessly. What effect would this same prayer have on your day-to-day life?

3.) What passage of scripture from the book of Ephesians can you take and apply to your personal prayer life?

4.) How has the study of Ephesians affected your attitude to God the Father, the Son and the Holy Spirit?